## Camp Middlesex – Weeks 1, 4, and 7 Menu – 17.1 \*Note: Meals are subject to change

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Pancakes w/	Gronola/	French Toast	Breakfast	Waffle Stix	(Trip Day –
*All meals have		Fruit	Gronola	Sausage	<b>Burrito</b> with	Home Fries	After week 4)
cereal and		Topping	Bars	Fruit	Eggs and	Fruit	Cereal and
breakfast bar		Sausage	Home Fries		Veggies		bagels
options with		Fruit	Fruit		Muffins		Donuts
fruit, yogurt,					Fruit		Fruit
milk and juice	D 1	G 111 1	D ( )	CILL N.	DI T	TOI .	7D • T 1
LUNCH	Brunch	Grilled	Pretzel	Chicken Nuggets	BLTs	Plain or	Trip Lunch
*All meals have	Omelets	Cheese	Melts	Smiley Fries	Lettuce	Veggie	Cold Cut
salad bar option with milk and	Bagels	Tomato	Ham &	Vegetables	Tomatoes	Pizza	Sandwiches
juice.	Home Fries	Soup	Cheese on a		Cheese	Macaroni	Chips
Peanut Butter &	Toast	Crackers	pretzel bun		Vegetables	Salad	Vegetables
Jelly also		Potato Chips	Pasta Salad			Vegetables	
offered.		Vegetables	Vegetables				
DINNER	Cnaghatti	Baked	Eigste Night!	COOKOUT	Shephard's Pie	Barbecue	Lagagna
*All Meals have	Spaghetti with	Chicken	Fiesta Night! Tacos		Vegetables	Pulled	Lasagna Vagatables
salad bar option	Meatballs			Hamburgers	Rolls	Puneu	Vegetables
with milk and		Rice	Burritos	Hotdogs	Kons		
juice.	Garlic	Vegetables	Cheese/Beef	Corn on Cob		Sandwiches	T C
Peanut Butter &	Bread	Bread &	Vegetables	Baked Beans	Brookie		Ice Cream
Jelly also	Vegetables	Butter	Fixings	Pasta Salad		Cornbread	
offered.	D 11' '.1	G 1.	G . 1		Bars	Vegetables	
	Pudding with Whipped	Cookies	Strawberry	Ice Cream		Congo Bars	
	Cream		Short Cake				

## Camp Middlesex – Weeks 2 and 5 Menu – 17.1 \*Note: Meals are subject to change

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Pancakes	Scrambled	French Toast	<b>Assorted Fruit</b>	Bagels	(Trip Day –
*All meals have		Hash Browns	Eggs	Sausage	Breads and	with a	After week 6)
cereal and		Fruit	Toast	Fruit	Cheeses	Variety of	Cereal and
breakfast bar			Home Fries		Fruit	Spreads	bagels
options with			Fruit			Fruit	Donuts
fruit, yogurt,							Fruit
milk and juice	<b>D</b> 1	D.	DI 111	D CITT	CI I I II	DI •	7D + T 1
LUNCH	Brunch	Pizza	Philly	Popcorn Chicken	Chicken Wrap	Plain or	Trip Lunch
*All meals have	Omelets	Mozzarella	Cheese Steak	Vegetable Soup	Vegetables	Veggie	Cold Cut
salad bar option	Bagels	Grilled	or Veggie	Tator Tots		Pizza	Sandwiches
with milk and juice.	Home Fries	Cheese with	Burger	Vegetables		Potato	Chips
Peanut Butter &	Toast	Marinara	Waffle Fries			Salad	Vegetables
Jelly also	Fruit	Sauce	Vegetables			Vegetables	
offered.		Antipasto					
91101001		Salad					
DINNER	Ziti w/	Chicken Stir	Fiesta Night!	COOKOUT	Turkey	Chicken	Trip Dinner
*All Meals have	Plain or	Fry	Beef Fajitas	Hamburgers	Basked	Parm	Lasagna
salad bar option	Meat Sauce	Egg Rolls	Cheese/Beef	Hotdogs	Potatoes	Rice	Vegetables
with milk and	Garlic	Corn	Vegetables	Corn on Cob	Rolls	Vegetables	
juice.	Bread		Fixings	Baked Beans	Vegetables	Rolls	
Peanut Butter &	Vegetables			Pasta Salad			Ice Cream
Jelly also		Apple Crisp	Cookies		Cake	Congo Bars	
offered.	Rice Krispie	11 "F		Ice Cream			
	Treats						

## Camp Middlesex – Weeks 3 and 6 Menu – 17.1 \*Note: Meals are subject to change

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Pancakes	Egg, Cheese	French Toast	Breakfast	Waffle Stix	(Trip Day –
*All meals have		with Fruit	& Ham	Hash Browns	Burrito with	Home Fries	After week 2)
cereal and		Topping	Crossionts	Fruit	Eggs and	Fruit	Cereal and
breakfast bar		Sausage	Home Fries		Veggies		bagels
options with		Fruit	Fruit		Fruit		Donuts
fruit, yogurt,							Fruit
milk and juice		~	G1 1111 G1		D		
LUNCH	Brunch	Grilled	Chilli Cheese	Chicken Tenders	BLTs	Plain or	Trip Lunch
*All meals have	Omelets	Cheese	Dogs	French Fries	Lettuce	Veggie Pizza	Cold Cut
salad bar option	Bagels	Tomato Soup	French Fries	Cole Slaw	Tomato	Potato Salad	Sandwiches
with milk and	Home Fries	Vegetables	Vegetables		Cheese	Vegetables	Chips
juice.	Toast				Vegetables		Vegetables
Peanut Butter &	Fruit						
Jelly also offered.							
offered.							
DINNER	Chicken	Fish &	Fiesta Night!	COOKOUT	Chicken Pot	Honey	Trip Dinner
*All Meals have	Alfredo	Chips	Quesidillas	Hamburgers	Pie	Mustard	Lasagna
salad bar option	Garlic Bread	Vegetables	Tacos	Hotdogs	Rice	Ham	Vegetables
with milk and	Broccoli		Cheese/Beef	Baked Beans	Vegetables	Baked Potato	C
juice.		Corn Bread	Vegetables	Pasta Salad		Dinner Rolls	
Peanut Butter &	Pudding with		Fixings	***************************************	Carrot Cake		Ice Cream
Jelly also	whipped			Ice Cream Bar		Congo Bars	100 010
offered.	cream	Brownies	Pie Night!				