What to Bring to Overnight Camp…

Recommended:

- Sleeping bag or sheets with 1-2 warm blankets
- Pillow & pillowcase
- Sun screen & insect repellent
- Rubber sheet (if necessary)
- Flashlight & extra batteries
- 6 changes of socks, underwear, etc.
- 6 changes of clothing – shorts, shirts, long pants, etc.
- Pajamas or other sleepwear
- Dressy clothes for dance & candlelight ceremony (if desired)
- Rain gear (coat, poncho, boots, umbrella, etc.)
- Hairbrush or comb
- Toothbrush & toothpaste
- Bathing suit (2 if possible)
- 2 pairs of sneakers or comfortable walking shoes
- Sandals or flip-flops (for pool & shower)
- Sweatshirt, heavy sweater, or jacket

- Water Bottle
- Drawstring bag to carry belongings throughout the day as you will not be able to go back to your cabin between periods.
- 2 beach towels
- Bath towel and face cloth
- Body soap & shampoo
- Writing paper, envelopes, stamps, postcards, pen/pencils, addresses
- Favorite book or magazine
- Hair ties for long hair
- MP3 players are allowed only in the cabin during rest hour or at night
- Snacks are allowed, but cannot be stored in the cabins due to animals

- Medical Form (completed by physician)
- Prescribed Medications (in original container)
- All possessions labeled with camper's name.

For Horsemanship:

- Long pants
- Boot with a 1-1.5 inch heel

Not allowed at camp:

- Electric Equipment – Video games, cell phones, radios, etc.
- Anything of value
- Weapons – Pocket knives, toy or real guns, etc.
- Cash

Please Note: There are no laundry facilities at camp. Campers staying for more than one week will require extra clothing, or have a pick-up on Friday night and brought back on Sunday. **4-H Camp Middlesex is not responsible for any clothing or personal items brought in by campers.** Campers are responsible for labeling their items before coming to camp and for checking the lost and found for items before they leave.